

Healing Sound Bath

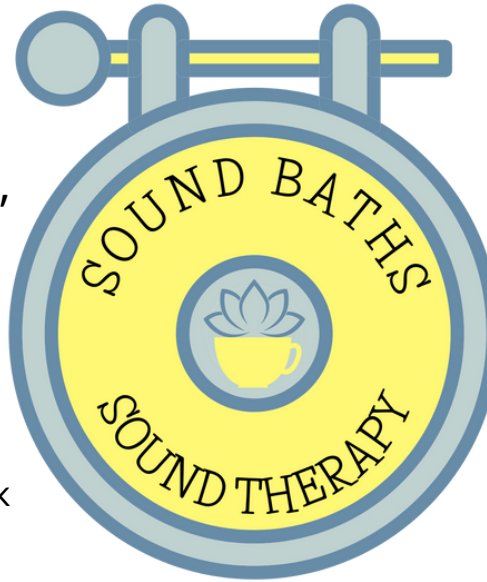
With Tor & Al

St Mary's Centre, Felpham

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Is there any water involved? A question frequently asked...

None at all only the water you might drink!

What you can expect is to be carried gently into deep meditative relaxation, with immersive sounds including a mixture of, Koshi Chimes, Chrystal Singing Bowls, Symphonic Gongs, Ocean Drum, Rain Stick, Wind Gong & more...

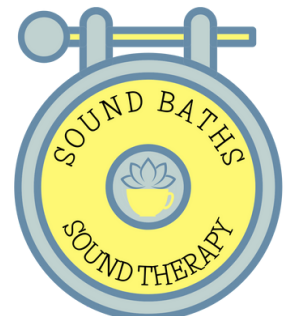
Just bring along items to make yourself comfortable -mats, blankets, pillows, an eye mask if you like, etc.

Dates & Times at St Marys Centre Felpham

Saturday 15th July at 7.00pm

Saturday 23rd September at 7.00pm

Saturday 18th November at 7.00pm



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